



# Summer Holiday

**Museum From Home Activities  
Week 2**

**Hapa-Zome natural art:  
using plants for dye**



**Hapa-Zome is a Japanese term  
meaning 'leaf-dye.'**

**The Tokyo Olympics  
should have begun this  
week in Japan.**

**Let's try a Japanese art  
and learn some Japanese!**



# Hapa-Zome

## What you need:

- Leaves, flower heads, petals, grasses, berries\*\*
- Plain cotton, linen, calico or kitchen roll
- A mallet, large stone or hammer

## What to do:

Collect some leaves, berries and flowers\*\*

Place your leaf, flower or berries on a small piece of cotton fabric.

You can fold one half of the fabric over or cover the natural matter with a second piece of fabric or kitchen roll.

On a flat surface and keeping your fingers out of the way, hammer all over the top layer of material until the dye can be seen seeping through.

Remove the top layer and the plant matter to enjoy the print.

*Try different plants for different effects.*

**\*\*Only use non poisonous plants; check with an id guide; don't pull up roots of plants\*\***

# Count to 5 in Japanese

1. ichi
2. ni
3. san
4. shi
5. go



**How quickly can  
you learn to  
count from  
1 -5 in  
Japanese?**