Swimming pool programme

School term time

	8am	9am	10am	11am	12noon	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm
Mon		School			Masters lanes	Lanes	Casual swim DB DB					Diving club		Adult courses	
Tues	Lanes 7.00 - 8.30	School			Toddler Splash	Lanes			Junior courses	Casual swim Wet 'n' Wild		Lanes			
Wed	Lanes 7.00 - 8.30	School			Ladies only lanes	Lanes	Casual swim DB DB					Lanes	Diving club	Club	
Thurs	Lanes 7.00 - 8.30	School			Toddler Splash	Lanes	Staff training		Junior courses	Casual swim Wet 'n' Wild		Club		Lanes	
Fri		School			Aqua fit	Lanes	Casual swim DB DB					2 Lanes Swim clinic		Club	
Sat		Junior courses			Wet 'n' Wild	Casual swim DB DB				Lanes	Pool party	Gala / Private hire			
Sun		Lanes	Family swim		Casual swim DB DB			Wet 'n' Wild	Casual swim DB			Club			

DB Diving board

School holiday programme

	8am	9am	10am	11am	12noon	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm
Mon		Intensive courses	Casual swim DB		Masters lanes	Lanes	Wet 'n' Wild	Casual swim DB DB				Diving club		Lanes	
Tues	Lanes 7.00 - 8.30	Intensive courses	Casual swim Wet 'n' Wild		Toddler Splash	Lanes	Casual swim DB DB DB					Lanes			
Wed	Lanes 7.00 - 8.30	Intensive courses	Casual swim DB		Ladies only lanes	Lanes	Wet 'n' Wild	Casual swim DB DB				Lanes	Diving club	Club	
Thurs	Lanes 7.00 - 8.30	Intensive courses	Casual swim Wet 'n' Wild		Toddler Splash	Lanes	Casual swim DB DB					Club		Lanes	
Fri		Intensive courses	Casual swim DB		Aqua fit	Lanes	Wet 'n' Wild	Casual swim DB DB				2 Lanes Swim clinic		Club	
Sat		Casual swim			Wet 'n' Wild	Casual swim DB DB				Lanes	Pool party	Gala / Private hire			
Sun		Lanes	Family swim		Casual swim DB DB			Wet 'n' Wild	Casual swim DB			Club			

Childrens water safety - Supervision ratios

Children under 4 years - One adult: one child with **or** without armbands
One adult: two children with armbands

Children 4-7 years - One adult: two children with **or** without armbands

Children of mixed ages - One under 4 and one 4-7 year old can swim with one adult if **both** are in armbands **or** the older childs holds the ISRM award.
One under 4 and two 4-7 year olds can swim with one adult if **all** are in armbands **or both** older children hold the ISRM award.

Armbands and floatation jackets must conform to BSI standard EN13138

An adult is 16+ years old. This applies to sessions and supervision.

For more information contact reception or go to www.swindon.gov.uk/swimadmissions