

Swimming pool programme

Registered as a baby friendly pool in association with the Institute of Sport and Recreation Management, the Amateur Swimming Association and Huggies Little Swimmers.

School term time

	8am	9am	10am	11am	12noon	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	
Mon		School								Junior courses	Wet 'n' Wild	Floatation aerobics	Adult lanes			
Tues	Adult swim 7.45 - 8.45	School			Adult swim	School				Junior courses	Casual swim		Private hire			
Wed		School						Masters aquafit		Junior courses	Casual swim		Canoe Club			
Thurs	Adult swim 7.45 - 8.45	School			Adult swim	School				Junior courses		Junior Tri club	Aquafit			
Fri		School						Masters		Junior courses	Adult ladies swim		Adult swim			
Sat	Parent & toddler and junior courses				Private hire	Wet 'n' Wild	Casual swim	Scuba club								
Sun	Casual swim			Private hire	Wet 'n' Wild	Casual swim	Junior Tri club	Private hire								

Ask about adult swimming courses

School holiday programme

	8am	9am	10am	11am	12noon	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm
Mon		Junior courses					Casual swim			Junior courses	Wet 'n' Wild	Floatation aerobics	Adult lanes		
Tues	Adult swim 7.45 - 8.45	Junior courses			Adult swim	Casual swim				Junior courses	Casual swim		Private hire		
Wed		Junior courses					Casual swim		Masters Aquafit	Junior courses	Casual swim		Canoe club		
Thurs	Adult swim 7.45 - 8.45	Junior courses			Adult swim	Casual swim				Junior courses		Junior Tri club	Aquafit		
Fri		Junior courses					Casual swim		Masters	Junior courses	Adult ladies swim		Adult swim		
Sat	Parent & toddler and junior courses				Private hire	Wet 'n' Wild	Casual swim	Scuba club							
Sun	Casual swim			Private hire	Wet 'n' Wild	Casual swim	Junior Tri club	Private hire							

Childrens water safety - Supervision ratios

Children under 4 years - One adult: one child with **or** without armbands
One adult: two children with armbands

Children 4-7 years - One adult: two children with **or** without armbands

Children of mixed ages - One under 4 and one 4-7 year old can swim with one adult if **both** are in armbands **or** the older child holds the ISRM award.
One under 4 and two 4-7 year olds can swim with one adult if **all** are in armbands **or both** older children hold the ISRM award.

An adult is 16+ years old. This applies to sessions and supervision.

For more information contact reception or go to www.swindon.gov.uk/swimadmissions

Armbands and floatation jackets must conform to BSI standard EN13138