

SWIFT (Swindon Initiative for Transport)  
**Thursday April 15th 2010**

Location : Nationwide House, Pipers Way, Swindon  
8.30am – 11.30am



## **AGENDA**

- 8.30 Networking breakfast and refreshments
- 9.15 Welcome – Nationwide Building Society.
- 9.20 Case study travel plan – Nationwide Building Society
- 9.40 The business case – keeping employees healthy! – Cherry Jones, assistant director of public health, Swindon PCT
- 10.00 Discussion and questions
- 10.10 Swindon Workplace cycle challenge – Thomas Stokell, Challenge for Change
- 10.30 Global Corporate Walking Challenge – Angela Crawley, WASP
- 10.50 There's plenty of help out there – Claire Fleming, Darren Gunter and Anna Cipullo, SBC
- 11am Discussion and questions
- 11.15 Refreshments and optional site tour of Nationwide's facilities

Kindly supported and hosted by Nationwide

